

## ABOUT OVARIAN CANCER

www.tealwalk.org



## <sup>®</sup>Tell Every Amazing Lady About Ovarian Cancer!

\*TEAL is the color that symbolizes Ovarian Cancer.

\*Currently there is **NO ACCURATE SCREENING TEST** to detect Ovarian Cancer.

\*A Pap smear does NOT test for Ovarian Cancer.

## What you can do

-Get these 3 tests annually especially if you have a family history of Ovarian, Breast or Colon Cancer:

- CA125 Blood Test
- Transvaginal Ultrasound
- Vaginal/Rectal Pelvic Exam

-Learn more about genetic testing and risk factors.

-Visit www.tealwalk.org

-Learn about ways you can get involved including attending our events like the T.E.A.L. Walk/Run.

## **Symptoms of Ovarian Cancer**

- Vague but persistent and unexplained gastrointestinal complaints such as gas, nausea, and indigestion
- Abdominal bloating, pelvic and/or abdominal pain, and/or feeling of fullness
- Frequency and/or urgency of urination
- Unexplained change in bowel habits
- Unexplained weight gain or loss
- Unusual fatigue Back Pain
- Shortness of breath
- New and unexplained abnormal postmenopausal bleeding



Tell Every Amazing Lady About Ovarian Cancer Louisa M. McGregor Ovarian Cancer Foundation also known as T.E.A.L. PO Box 340947, Brooklyn, NY 11234-0947 info@tealwalk.org 917.310.4835 www.tealwalk.org www.telleveryamazinglady.org